The Incredibles

ESL Lesson Package
The Incredibles Lesson Plan

Note: The following is only an example. Instructors should feel free to add or remove activities as needed.

Day One

1. Tell the class they are going to be watching a movie. Introduce the characters and explain the slang expressions for Part One.

2. Assign the Part One Mix-and-Match vocabulary exercise (page 8) for homework. If you wish, you can ask them to write ten sentences using ten different words from the list of new vocabulary.

Day Two

3. Mark the Mix-and-Match homework in class. If you assigned the students sentences for homework, collect their sentences to mark later.

4. Have students complete the vocabulary Self-Test for Part One. (page 6)

5. Split the students into two’s or three’s and have them discuss the Conversation Questions for Part One. (page 7)

6. Watch Part One of the movie.

7. As the students watch the movie, have them complete Who Said It (page 8-9). Also give the students the Who is it? (page 5) to complete and reference.

8. Have the students complete Listening Close (pages 11-14) and Back Talk (page 15) when you reach those points in the movie.

9. After the movie, have students complete the Comprehension Questions in pairs or assign the questions for homework. (page 9-10)

10. Assign the Mix-and-Match exercise (Pt. 2) for homework. (page 17)

Day Three

11. If you assigned vocabulary sentences to the students, give them back their homework. You may want to have the students work in pairs to correct sample incorrect sentences that you have taken from their homework this can also be done on the board as a whole class.

12. Mark the Mix-and-Match vocabulary homework in class. If you
assigned the **Comprehension Questions** for homework, you will need to mark these as well and return them to the students.

13. Have the students complete the vocabulary **Self-Test** for Part Two. (page 16)

14. Watch Part Two of the movie. Pause at the appropriate time in the film to have them complete the **Listening Close**. (page 20-23)

15. After they watch Part Two of the movie, have students complete the **Comprehension Questions** in pairs or assign the questions for homework. (page 19)

16. If there is time, you may want to choose one of the supplementary activities (Hot Seat, Typhoon, Murder, etc.) to reinforce the vocabulary you have covered so far. (pages 43-46)

17. Assign the **Mix-and-Match** vocabulary exercise (Pt. 3) for homework. (page 25)

### Day Four

18. Mark the **Mix-and-Match** Homework. If you assigned **Comprehension Questions** for homework, mark those in class as well and return to students.

19. Choose a supplementary activity (Hot Seat, Typhoon, Murder, etc.) to reinforce the vocabulary you have covered. (pages 43-46)

20. Have the students complete the **Self-Test** for Part Three. (page 24)

21. Watch Part Three of the movie. Pause at the appropriate time in the film to have them complete the **Listening Close** (page 26) and **What Happens Next?** (page 29) activities.

22. Have the students share their responses to **What Happens Next?**, they can do this in partners first and then the entire class or in small groups, each group then choosing one to share with the entire class. Collect from the students. Watch the rest of Part Three.

23. Have students complete the **Comprehension Questions** in pairs or assign them for homework. (page 29)

24. Complete the **Story Scramble** in class (pages 40-41) or use it as a warm-up the next day before marking **Comprehension Questions** (if you assigned them for homework).
Day Five

25. Complete the **Story Scramble** in class if you did not use it yesterday. This can be done in teams as a race or as a whole class if the class is small.

26. Mark the **Comprehension Questions** for Part Three if you have not done so already. (page 29)

27. Choose a supplementary activity (Hot Seat, Typhoon, Murder, etc.) to reinforce all the vocabulary you have covered. (pages 43-46)

28. Assign the two **Crossword Puzzles** for homework. (pages 30-31)

Day Six

29. Choose a supplementary activity (Hot Seat, Typhoon, Murder, etc.) to reinforce the vocabulary you have covered. (page 43-46)

30. Mark the **Crossword Puzzles** in class.

31. Work on **The Story Continues** in pairs. (page 29)
Who Is It?

Instructions: Write the name of each character under his or her picture. Also write the character’s superhero name. If they don’t have a superhero name, write NONE. You should be able to do this after watching Part One of the movie.

<table>
<thead>
<tr>
<th>Names:</th>
<th>Violet</th>
<th>Helen</th>
<th>Buddy</th>
<th>Dash</th>
<th>Gilbert Huph</th>
<th>Mirage</th>
<th>Lucious</th>
<th>Jack-Jack</th>
<th>Robert</th>
</tr>
</thead>
<tbody>
<tr>
<td>Superhero names:</td>
<td>Elastigirl</td>
<td>Mr. Incredible</td>
<td>Frozone</td>
<td>Incrediboy</td>
<td>Dash</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Self Test – Vocabulary Preview - Part One

Are you ready to watch the movie? Complete the quiz to see if you will understand the vocabulary in Part One of the film.

1. “We’re superheroes. What can happen?”:
   a. criminals
   b. normal people
   c. people with special powers who fight crime

2. “You can see it on his smug little face.”:
   a. cute or beautiful
   b. proud or arrogant
   c. dirty or grimy

3. “We might be able to nab him if we set up a perimeter.”
   a. capture
   b. pinch
   c. tickle

4. “I need you to intervene.”:
   a. to give someone fluids intravenously
   b. to place guards around an area
   c. to become involved with or interrupt something

5. “You’re not affiliated with me.”:
   a. associated with or connected to
   b. being serious with
   c. having dinner with

6. “You’re the kid from the fan club.”:
   a. a group of hot people who use fans to cool themselves
   b. a group or organization who are interested in a particular famous person
   c. a group of people who play music

7. “A superhero is being sued for saving someone.”:
   a. given an award
   b. taken to court
   c. interviewed by an aggressive news reporter
The Incredibles – Part One

Characters

- **Mr. Incredible/Robert**: a superhero with tremendous strength
- **Elastigirl/Helen**: Mr. Incredible’s wife with a stretching super power
- **Frozone/Lucious**: a superhero who can freeze water
- **Incrediboy/Buddy**: a young boy who wants to be a superhero
- **Gilbert Huph**: Mr. Incredible’s boss
- **Dash**: The Incredibles’ son who can move very fast
- **Violet**: The Incredibles’ daughter who can disappear
- **Mirage**: a government agent following Mr. Incredible

Conversation Questions

1. Did you have a favorite superhero when you were younger? Who was it? Why was she or he your favorite superhero? Are superheroes more interesting to men or to women? Explain your answer.

2. If you could have special powers what special powers would you want to have? Why? What would you do with your powers?

3. Mr. Incredible is having a “mid-life crisis.” What do you think this means? Why do some men have a mid-life crisis? How do they react when they have the crisis? What do they do? Do women have a mid-life crisis? If so, what do they do?

4. Who do you admire the most? A normal person who does something brave or a superhero who does something brave? Explain your answer. What’s the bravest thing you’ve ever done? Who is the bravest person you know?

Slang Expressions

- “stand clear”
- “ladies first”
- “shake things up”
- “spell out”
- “cutting it close”
- “sneaking out”
- to get “mugged”
- “shut up”
**Mix-and-Match**  
Match the following words to their definitions.

<table>
<thead>
<tr>
<th>Word</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>superhero (n)</td>
<td>a. associated with someone or something</td>
</tr>
<tr>
<td>nab (v)</td>
<td>b. taken to court</td>
</tr>
<tr>
<td>set up a perimeter (v)</td>
<td>c. describes a regular person who is not in the police or military</td>
</tr>
<tr>
<td>fan club (n)</td>
<td>d. a secondary or alternate personality</td>
</tr>
<tr>
<td>alter-ego(n)</td>
<td>e. a person who might have committed a crime</td>
</tr>
<tr>
<td>settle down</td>
<td>f. professional psychological help</td>
</tr>
<tr>
<td>suspect (n)</td>
<td>g. a person who seeks attention by displaying how good he or she is at something</td>
</tr>
<tr>
<td>liability (n)</td>
<td>h. an identity that hides someone’s true identity</td>
</tr>
<tr>
<td>sued (v)</td>
<td>i. to place guards / tape around a crime scene</td>
</tr>
<tr>
<td>intervene (v)</td>
<td>j. to capture a criminal</td>
</tr>
<tr>
<td>smug (adj)</td>
<td>k. to become involved or to interrupt something</td>
</tr>
<tr>
<td>civilian (n/adj)</td>
<td>l. describes someone carrying a weapon</td>
</tr>
<tr>
<td>armed (adj)</td>
<td>m. a group that is interested in a famous person</td>
</tr>
<tr>
<td>secret identity (n)</td>
<td>n. to have legal responsibility for something</td>
</tr>
<tr>
<td>counseling (n)</td>
<td>o. proud or arrogant</td>
</tr>
<tr>
<td>show off (n)</td>
<td>p. to get married, have a family, and stop living a carefree single life</td>
</tr>
<tr>
<td>affiliated (v)</td>
<td>q. someone with special physical or technological powers</td>
</tr>
<tr>
<td>jeopardy (n)</td>
<td>r. weak</td>
</tr>
<tr>
<td>banter (n)</td>
<td>s. pieces of rock, stone, etc. left after the demolition of a building</td>
</tr>
<tr>
<td>anonymous (adj)</td>
<td>t. has a strong desire to be better than others</td>
</tr>
<tr>
<td>competitive (adj)</td>
<td>u. danger</td>
</tr>
<tr>
<td>invitation (n)</td>
<td>v. done by an unknown person</td>
</tr>
<tr>
<td>feeble (adj)</td>
<td>w. a request to do something or go somewhere</td>
</tr>
<tr>
<td>dehydrated (adj)</td>
<td>x. playful teasing, a joking discussion</td>
</tr>
<tr>
<td>rubble (n)</td>
<td>y. when a person’s body has lost a lot of water</td>
</tr>
</tbody>
</table>

**Who Said It?**  
Write the name of the character beside each quote:

“Every superhero has a **secret identity.**”

“No matter how many times you save the world, it always manages to get back in **jeopardy.**”

“Settle down, are you kidding!? I’m at the top of my game.”
“I’m you’re number one **fan.**”

“Whatever happened to **ladies first**?”

“Well, with **counseling**, I think you’ll come to forgive me.”

“Not every **superhero** has powers you know. You can be super without them.”

“Now we might be able to **nab** him if we set up a **perimeter**.”

“You’re not **affiliated** with me!”

“It was playful **banter**.”

“**Cutting it kind of close** don’t you think?”

“In a stunning turn of events, a superhero is being **sued**.”

“They are living among us, average citizens, average heroes, quietly and **anonymously** continuing to make the world a better place.”

“I’m sorry Mrs. Hoganson, but our **liability** is spelled out in paragraph 17.”

“You’re letting him go again?! He’s guilty! You can see it on his **smug** little face.”

“Dashiell Robert Parr, you are an incredibly **competitive** boy and a bit of a **show off**.”

“Well, it is **leftover** night. We have steak, pasta, what are you hungry for?”

“I said **shut up** you little insect!”

“He starts like this prepared speech about how **feeble** I am compared to him.”

“It means it’s hot. And I’m **dehydrated** Bob!”

“Is this **rubble**?”

“He is getting **mugged**.”

**Comprehension Questions**

1. Who is Mr. Incredible’s best man at his wedding?

2. Why do all of the superheroes go into hiding? Why is Mr. Incredible sued?

3. What is Robert’s job? Does he enjoy his job?
4. Why does Helen have to go to the principal’s office? What did Dash do? How did Dash’s teacher try to prove that Dash was guilty?

5. Why won’t Helen allow Dash to compete in sports?

6. What does Mr. Incredible do to his boss? Why does he do this?